

If my people, who are called by name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land. 2 Chronicles 7:14 *NIV*

ADORATION ... to worship or honor

From the rising of the sun unto the going down of the same the LORD's name is to be praised.

Psalm 113:3 *KJV*

CONFESSION...to acknowledge my sin

If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

1 John 1:9 *ESV*

THANKSGIVING...to express gratitude

Give thanks to the LORD, for He is good; his love endures forever.

1 Chronicles 16:34 *HCSB*

SUPPLICATION...to ask for humbly and earnestly

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

Philippians 4:6 *NIV*

